



Dr. Syama Prasad Mookherjee Swimming Pool Complex

07-03001/2/2023-Admin-Dr SPMSPC

06.03.2023

Swimming Selection Trials under SGTIDM Scheme

SAI NCOE- Dr. SPMSPC in collaboration with Glenmark Aquatic Foundation is conducting Selection Trials for Swimming athletes under SAI Glenmark Talent Identification Development and Management (SGTIDM) initiative at Dr. Syama Prasad Mookherjee Swimming Pool Complex, Mother Teresa Crescent Road, New Delhi.

Selection would be carried under two categories:

1. Admission under NCOE Scheme:

Applications are invited from elite swimmers for admission at SAI GLENMARK NCOE- Dr SPM Swimming Complex Delhi.

Selection Criteria

Applications are invited from swimmers born between the years 2006-2009 (both years inclusive). Swimmers will be selected based on timings achieved in any meet between [April 1st 2022](#) to [March 18th 2023](#). Only touchpad timings will be considered. Cut off timings attached at Annexure I.

Facilities admissible to NCOE athletes are:

- World Class Training Infrastructure.
- World Class Coaching by Expert Panel of Coaches.
- Sports Kit.
- Term & Health Insurance.
- Medical facilities
- Scientific support by exercise physiologists, nutritionists, strength and conditioning experts, physiotherapists, psychologists, masseurs/masseuse etc.
- Foreign and Domestic Competition Exposure.
- Educational Expenditure assistance.
- Boarding & Lodging facility to Residential Athletes as per actuals.

Mode of Application:

Only online application received through the **Link:** <https://gzu.in/IA> will be considered.

Timeline:

Last date of applications is 18th [March 2023](#).

Results will be announced on or before 25th [March 2023](#).

2. Admission under Come and Play Scheme

As a part of the come and play scheme* by SAI, applications are invited from young athletes who wish to pursue the swimming sports. Swimming trials will be held at Dr SPM Swimming Complex on [Sunday, 26 March 2023](#) at 3:00 P.M.

The programme has been designed in consultation with foreign coaches and focusses on the long-term development of young athletes. The young swimmers are not being prepared for instant results, but rather trained for success at senior levels. It is important that parents and swimmers understand and accept this approach before applying or attending trials. Swimmers from the following age category/level are invited:

1. **Junior Development Batch:** For 6-9 years of age.
These swimmers will be trained 3 afternoon sessions a week from 4 – 5 pm ([Monday](#), [Wednesday](#) and [Friday](#)). A maximum of 30 swimmers will be selected.

Criteria for selection:

Young swimmers who are comfortable in the water, can swim some freestyle and backstroke and show the emotional readiness with preferably the physical attributes to progress well.

2. **Competitive Batch:** For 9-12 years of age.
A maximum of 10 swimmers will be selected under Competitive Swimmers batch. The group will be trained six mornings a week, Mondays to Saturdays from 05:15 A.M to 07: 30 A.M.

The focus on this group is still very much on stroke development but also includes strong focus on aerobic development and racing skills.

***Note-** This training is provided under the “come and play” scheme of SAI and only dedicated training facility under SGTIDM will be extended.

Application Link: <https://gzu.in/IA>

-By Order
Administrator
NCOE, Dr. SPMSPC